

Relationships, Sexual Health and Parenthood

Curriculum for Excellence

The Experiences and Outcomes (Es & Os) as contained in a Curriculum for Excellence reflect a holistic approach to promoting the health and wellbeing of all young people.

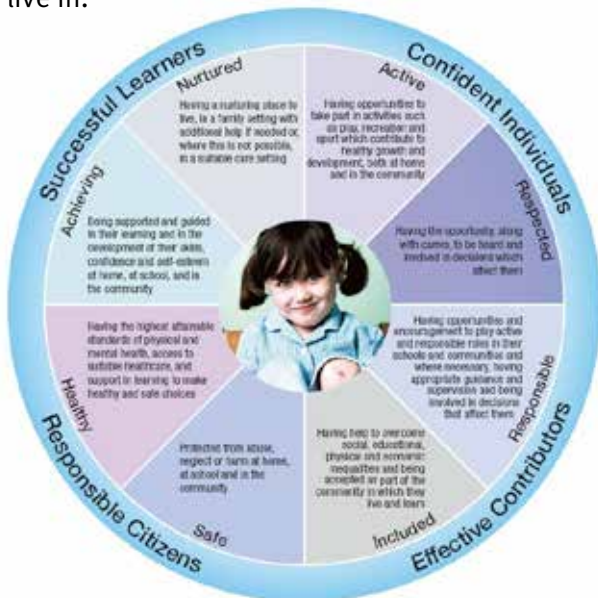
The Relationships, Sexual Health and Parenthood (RSHP) strand is no different. To ensure that all learners receive relevant, enjoyable and active learning experiences the Es & Os are designed to encourage links with all other areas of the curriculum and many are written to span a number of stages. Therefore the Es and Os will be revisited regularly through a wide range of relevant and realistic learning experiences to ensure every young person is progressing.

Learning will also take account of the stage of growth, development and maturity of each young person and the social and community context they live in.

Early Level Experiences and Outcomes

Young peoples learning in RSHP will cover the following experience and outcomes:

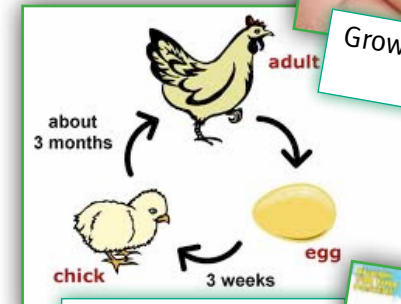
- I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.
- I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.
- I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.
- I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.
- I recognise that we have similarities and differences but are all unique.
- I am aware of my growing body and I am learning the correct names for its different parts and how they work.
- I am learning what I can do to look after my body and who can help me.
- I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.
- I am learning about where living things come from and about how they grow, develop and are nurtured.
- I am able to show an awareness of the tasks required to look after a baby



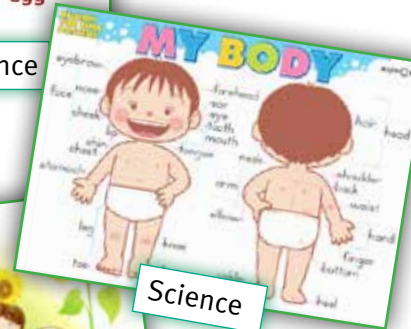
Emotional Wellbeing



Growth & Development of a Baby



Life Cycles in Science



Science



Growing Plants



Hygiene